

Walking on a quiet street, try to identify the source of all the sounds you hear.

Walking on a quiet street, identify potential sources of sounds you would not expect to be able to hear.

*a pigeon pecking trash, a passerby exhaling smoke*

Get closer, but don't stop.

Try to hear the sound.

Make a list of all the sounds the source of which you cannot identify.

Make a list of all the sounds you can hear.

You can do one or the other, or switch between the two. Keep separate lists.